

Light Furniture Moving Cleaning

WI.Co.W.08.01

QUALIFICATIONS	SPECIFIC TRAINING	REFERENCES
Knowledge and understanding of this work instruction.	Manual Handling	Manual Handling Code of Practice

TASK	METHOD	HAZARD	CONTROL MEASURES
Movement of furniture and mats	Do not move heavy furniture. Use the nudge test. Do not lift furniture. Minimise the number of items to be moved. Always push never pull.	Heavy lifting and excessive force. Handling loads that are difficult to grasp or hold	Manual Handling
Insufficient workspace or unusual placement of furniture	Plan any movement of furniture, ensure there are no obstacles. Ensure all furniture is placed back in original place	Trips and falls, striking and being struck by objects	Manual handling