| QUALIFICATIONS | SPECIFIC TRAINING | REFERENCES |
| :--- | :--- | :--- |
| Knowledge and understanding <br> of this work instruction. | Manual Handling | Manual Handling Code of Practice |


| TASK | METHOD | HAZARD | CONTROL <br> MEASURES |
| :--- | :--- | :--- | :--- |
| Complete <br> cash <br> transaction <br> form | Fill out Client cash transaction form detailing amount of cash <br> given by client, getting client to sign to verify. Fm.A.Co.06. <br> Current version | None |  |
| Prepare for <br> shopping | If requested or as per client notes assist client to prepare a <br> shopping list <br> Ask client preferred brands, size or volume of item - client may <br> have one for you to view <br> Check you have sufficient money - a coin or token for trolley if <br> needed (you may need to get change for trolley from <br> supermarket) <br> Check destination is approved - refer to client notes | Bending, <br>  <br> carrying <br> heavy <br> objects | Manual Handling <br> Code of Practice <br> and |
| PPE equipment |  |  |  |
| Drive to <br> Shopping <br> Centre | Drive according to Victorian/NSW Road Rules | Risk of <br> Accident | Road Rules |
| Shopping | Select a trolley which is well functioning/moving well <br> Place groceries into trolley - don't overreach or lift heavy items <br> (if applicable request home delivery) - do not overfill trolley <br> Place groceries onto check-out counter <br> Check receipts and change given by check out assistant <br> Ensure shopping bags are not too heavy <br> Place groceries into trolley and wheel to car <br> Place groceries into car with even weight in each hand <br> Return trolley to trolley bay - remove coin/token if applicable | Bending, <br>  <br> carrying <br> heavy <br> objects |  |


| TASK | METHOD | HAZARD | CONTROL <br> MEASURES |
| :--- | :--- | :--- | :--- |
| Putting <br> shopping <br> away | Return to clients home, park as close as possible to client's <br> door <br> Carry no more than two small plastic bags in each hand or one <br> green environmental bag in each hand - make several trips if <br> required <br> Unload shopping bags onto table or bench <br> Ensure frozen and cold foods are put away first into <br> fridge/freezer <br> If time permits or requested assist client to pack away groceries | Bending, <br>  <br> carrying <br> heavy <br> objects |  |
| Complete <br> Cash <br> transaction <br> form | Finalise form detailing receipt and amount of cash returned to <br> client, ensuring client signs to verify <br> Form to be returned to the office on a Friday with roster | None |  |
| Road <br> Infringements | All parking and road infringements are the responsibility <br> of the driver |  |  |

