

## **Community Care Work Instructions**

## **Windows and Mirrors Cleaning**

WI.Co.W.36.01

QUALIFICATIONS	SPECIFIC TRAINING	REFERENCES
Knowledge and understanding of this work instruction.	Manual Handling	Manual Handling Code of Practice

TASK	METHOD	HAZARD	CONTROL MEASURES
Collect Equipment	Collect approved window cleaner, dry cloths or paper towel, mask and PPE as required		Manual Handling Code of Practice and
			PPE equipment
Cleaning Mirror/Windows	Turn on exhaust fan or open window if applicable	Bending, Lifting, reaching, twisting, repetitive movement	
Glass Doors	Put on gloves and mask if required		
	Spray area with nozzle directly onto surface to be cleaned or onto a dry cloth		
	Wipe down surface using safe manual handling practices at all times		
	Limit time cleaning the area – if a large area rotate task with another non-related movement		
Cleaning a low area	When cleaning low section of mirror/window/door kneel using safe bending/twisting principals	Bending, Lifting, reaching, twisting, repetitive movement	
	Clean surface as above		
Put away equipment	Rinse cloths or dispose of paper towel in appropriate area where client directs		