

# What has changed?

## **ACTIVITIES OF DAILY LIVING**

Personal care, cleaning, food preparation, medications & financial management

## **WEIGHT & NUTRITION**

Weight, eating & drink habits, interest in nutrition

## **AWARENESS**

Of surroundings, people, time & general alertness

## **CONDITION**

Including walking, getting up from a chair, transferring & strength/endurance

## **COGNITION**

Changes in memory, problem solving, decision making, understanding information & chit chat

## **SOCIAL**

Changes in interests, engaging with people, participation in social activities & hobbies